

## DANCE AUDITION INFORMATION FOR APPLICANTS USING DVD and USB

(For use by overseas and interstate applicants only)

As you are an overseas or interstate applicant you are permitted to submit a DVD or USB for audition

Please read the following information carefully.

Your DVD or USB must reach the Victorian College of the Arts Secondary School by the closing date and **must include the audition application receipt number.**

Please forward your DVD or USB to:

Principle  
Victorian College of the Arts Secondary School  
57 Miles Street  
Southbank 3006  
Victoria  
Australia

The recording which you provide should include all the information required and detailed on the following pages. Please follow the order indicated and adhere to the given time limits.

Please note that: All **female** applicants should wear pink tights and pale coloured leotard.  
All **male** applicants should wear a single top (ie no sleeves) and light coloured Tights.

### SECTION ONE

Please supply the information in section one in writing as well as recording.  
**NB All information must be given in ENGLISH.**

**1. Introduce yourself. Please make sure you include:**

- your name
- your address in full
- your date of birth and year of birth
- your age
- your nationality/citizenship
- your telephone number

**2. Give details of the dance training you are undertaking this year in brief.**

### SECTION TWO

#### Posture and Placement

Please perform all Physical testing requirements with bare feet.

1. Candidate faces the camera in a natural position – arms by the side, feet parallel. Then, by quarter turns, to face the side, back, side, and front again. Hold for 3 seconds in each position.
2. Repeat step 1 with your arms lifted above your head.
3. Repeat step 1: feet 1<sup>st</sup> position, arms 5<sup>th</sup> en haut.
4. Candidate facing camera: degage a la seconde with arms a la seconde. Repeat both sides (10 seconds)
5. Candidate stands 1<sup>st</sup> arabesque a terre to the left, then to the right (5 seconds each side)

**Sideways to camera: Hold each position for 5 seconds**

6. Feet: Sitting upright on floor with legs outstretched in front and sitting up tall on sitz bones. Flex feet and the stretch them in parallel.
7. Hamstrings: Lying on back bring the right thigh up to the chest and extend the leg holding behind the knee or thigh of extended leg. Repeat with left leg.
8. Hip joint rotation: Remain lying on back, bend up knees with soles of feet together. (Frogs)
9. Range of movement in hip joint: Sit up on sitz bones and extend legs out to the side
10. Back mobility: Lying in front of body press up on hands lifting abdominal muscles off the floor.
11. Repeat steps 8 and 9 facing camera.

### **At Barre**

12. Back to barre facing camera arms outstretched holding barre. Stretch right foot to side and hold. Repeat with other foot.
13. Sideways to camera, left hand on barre rise on to demi pointe legs parallel and hold up. Repeat with right hand on barre.
14. Sideways to camera, demi plie in parallel maintaining heels on floor (any hand on barre).
15. Standing sideways to camera, with feet and legs straight in parallel, bend forward and touch hands to floor dropping head down at same time.

## **SECTION THREE**

### **Classical Classwork**

#### **Years 7 - 8**

1. **Barre**
  - Plie
  - Battement tendu
  - Battement glisse
  - Rond de jambe a terre
  - Adage developpe en croix
2. **Centre Practice**
  - Portis de bras
  - Battement tendu and grands battements
  - Pirouette en dehors
3. **Adagio**
  - Arabesque exercise
4. **Petit Allegro**
  - Sautes en premier
  - Changement
  - Glissades

#### **Years 9 – 12**

1. **Barre** as listed above but in adage include either demi grand rond de jambe or grand rond to jambe
2. **Centre Practice**
  - Ports de Bras
  - Battlement Tendus and Grand Battements
  - Temps leve chasse pas de bourree. Pirouettes en dehors en dedans and attitude en dedans. Years 10,11 and 12 should demonstrate arabesque turns and fouette rond de jambe en tournant
3. **Adagio**
  - Arabesque and attitude en l'air
  - Developpes (Year 9-12 only)
  - Grand rond de jambe (Years 11-12 only)

#### 4. **Petot Allegro**

- 16 Sautes en premier
- Enchainment demonstrating: Glissade, jetes, assembles, sissones, pas de bourree, entrechat quatre

#### 5. **Grande Allegro should demonstrate basic steps of grand Allegro.**

Eg. Grande Jete en avant, Grande jete en tournant

#### 6. **Pointe.**

### **Year 8 Barre Work**

Facing barre

- Slow rises through the feet in parallel and in 1<sup>st</sup> position. NB> The camera must be positioned to film the dancer from the side.
- Temps L'ie decote with either developpe or degage.

Sideways to barre

- Temps l'ie en avant with either developpe or dagage

Facing barre

- Releve in 5<sup>th</sup> and echappe

### **Year 9 Barre Work**

As year 8 with the addition of Releve passè, and pose in arabesque and attitude.

- Enchainment in the centre to include releve 5<sup>th</sup>, echappe, releve passè, poses in retire, arabesque/attitude.
- Sequence of turns en diagonal.

## **SECTION FOUR**

**Contemporary Classwork** – to be demonstrated only if previously studied

1. **Floorwork Exercises:** No more than 5 minutes
2. **Centrework:** demonstration of style studied (no more than 5 minutes)
3. **Travelling Sequences:** including jumps (1-3 minutes)

## **SECTION FIVE (Years 10, 11 & 12 only)**

### **Solo**

Include a solo dance work, preferably your own composition, that feels closest to your own personal style of dance (1-3 minutes)