

VCASS DANCE AUDITION INFORMATION 2020

Auditions for VCASS are to be submitted via an Unlisted You Tube link or a registered post USB.

PROCESS

1. Complete your online application form.
Be sure to submit all required documents.
2. Record one unedited video maximum of 10 minutes.
This video must include:
 - a) A one minute maximum spoken introduction stating your name, current year level, stream you are applying for and a brief summary telling us about yourself.
 - b) Specific information in line with the Audition Requirements below.
3. Upload your unedited video to You Tube or USB. Instructions below.

Audition Requirements

We expect most applicants will be filming in their home, using whatever device they have at their disposal. Do the best with what you have and remember these tips:

- Present an introduction of yourself at the beginning – stating your name, year level, application number and chosen stream (brief one minute maximum)
- Film in a clear, well-lit space so we can see you
- Check the quality and or sound of the image prior to submission
- Do not record outside of a building e.g. a park or garden with additional noise
- Your full body must be visible in the video at all times
- Your video should be filmed in one continuous take and not edited.

CONTENT OF VIDEO

Unedited videos should be no longer than 10 minutes

Video footage must contain:

1. Introduction – one minute
2. Video of physical profile and class work

CLOTHING

- Female candidates must wear pink tights, ballet shoes and a pale coloured leotard
- Male candidates must wear a white singlet top and tights
- (Preferably light coloured) White socks and ballet shoes if possible
- Please ensure your foot wear is safe for the traction and hardness of the dance surface. Socks or bare feet are acceptable if required.

VIDEO – PHYSICAL PROFILE FOR VIDEO

1. Candidate faces camera: Dégagé à la seconde with right leg, arms à la seconde. Hold for 5 seconds. Repeat with Left leg.
2. Execute 1st Arabesque de côté à terre, standing on Right leg. Repeat on Left Leg. Both sides held for 5 seconds.
3. Sitting on floor facing the side. Lengthened spine with legs extended forward. Flex and Stretch feet x 3.
4. Hamstring flexibility: lying on back sideways to camera with left leg extended along floor. Hold right thigh toward chest and extend the Right leg holding the thigh. Repeat with left leg.
5. Lying on back sideways to camera, knees bent. Open knees towards the floor, turning out legs with the soles of the feet touching. ("Frog position")
6. Sitting on floor facing the side. Extend and open legs to a wide second with length in the spine.
7. Lying on Stomach, press up with hands to raise into back extension.

VIDEO – CLASS WORK – BARRE FOR VIDEO

Camera to be positioned approximately 45 degrees from the candidate's front. All classwork to represent the level of skills studied over the last 12 months, and filmed in a well-lit and safe environment.

Year 7 / 8 (Age approximately 12 –14)

Please include: slow rises in both parallel (sideways to the barre) and turn out (facing the barre in 1st position).

BARRE – sample exercise list

1. Plié – one side only
2. Battement Tendu and Glissé in same exercise – both sides
3. Ronde de Jambe à terre and Fondu – both sides
4. Grand Battement – both sides

CENTRE – Camera to be positioned as centrally as possible

1. Centre Practice to include Battement tendu and Grand Battement
2. Adage to include développé to second with a fouette to 1st Arabesque.
3. Pirouettes en dehors.
4. Allegro – showing sautés, changements, échappés. Etc.

YEAR 9 – 12 (ages approximately 14 – 18)

Please ensure the safety of your dance area. Adjust your enchainements to suit the possibilities of your dance surface and environment.

As above with the added complexity in Centre work, indicative of the skills studied in the last 12 months. E.g.: pirouettes to include a variety of turns en dedans and en dehors, to both closed and open positions, or in open positions as appropriate to the student's skill levels.

Allegro enchainements to include increased complexity as studied by the candidate.

Pointe work of no more than 5 minutes, to demonstrate skills appropriate to the levels studied by the candidate.

WHAT HAPPENS NEXT?

- After viewing your video and reading your application, the panel may request a follow-up audition in person or via an online video interview.
- Following your audition, applicants may be asked to undergo a physical examination by a qualified physiotherapist appointed by the school.
- Auditionees receive an email advising them of their outcome. If unsuccessful, you are most welcome to audition again in the future.
- The outcome of the audition is final and not subject to appeal.
- It is VCASS School Policy that we do not offer any feedback to applicants regarding their audition.

HOW TO UPLOAD VIDEO & SEND

Unlisted You Tube Video Instructions

An unlisted video is a private video.

"Unlisted" means that only people who know the link to the video can view it.

Here is how to upload your audition video in your You Tube Account settings:

1. Create a You Tube Account
2. Go to your My Videos page
3. Select the video which you would like to make as an unlisted video
4. Click the Edit button to access the video's settings
5. Go to the Privacy section of the page. There you will see the option to mark your video as unlisted.
6. Do not forget to click the Save Changes button. Once you have done this your video will be an unlisted video.
7. Email the link to auditions@vcass.vic.edu.au ensuring you include your name and applicant number in the body of the email.

Video audition on USB – please forward via registered post to:

Attention: Auditions
Victorian College of the Arts Secondary School
57 Miles Street
Southbank 3006
Victoria
Australia

FURTHER INFORMATION

To view detailed information about the Dance curriculum at VCASS, please visit the Dance page on our website: [Dance Curriculum Handbook 2020](#)

General Enquiries: For any general enquiries call our office on 03 8644 8644