

VCASS DANCE AUDITION VIA USB OR YOU TUBE LINK

The preference is for videos to be submitted via an Unlisted You Tube link or on USB sent by registered post to VCA Secondary School, 57 Miles St Southbank, VIC 3006.

1. Fill out the online application form via our website (vcass.vic.edu.au)
 2. Submit footage via a video link which includes the audition application receipt number.
- Or
3. Send a USB of the required footage as indicated below, to VCASS.

CONTENT

1. An introduction in English to include:
 - a. Your name
 - b. Address
 - c. Date of birth and current age
 - d. Nationality/citizenship
 - e. Contact details
 - f. Summary of current dance subjects
2. Footage of physical profile and class work.

CLOTHING

1. Female candidates must wear pink tights, ballet shoes and a pale coloured leotard
2. Male candidates must wear a white singlet top with no sleeves and tights (preferably light coloured)

FOOTAGE – PHYSICAL PROFILE

1. Candidate faces camera: Dégagé à la seconde with right leg, arms à la seconde. Hold for 5 seconds. Repeat with Left leg.

Following actions to be executed facing the side.

2. Execute 1st Arabesque de côté à terre, standing on Right leg. Repeat on Left Leg. Both sides held for 5 seconds.
3. Sitting on floor facing the side. Lengthened spine with legs extended forward. Flex and Stretch feet x 3.
4. Hamstring flexibility: lying on back with left leg extended. Hold right thigh toward chest and extend the Right leg holding the thigh. Repeat with left leg.
5. Lying on back, knees bent. Open knees towards the floor, turning out legs with the soles of the feet touching. ("Frog position")

6. Sitting on floor facing the side. Extend and open legs to a wide second with length in the spine.
7. Lying on Stomach, press up with hands to raise into back extension.

FOOTAGE – CLASS WORK – BARRE – Camera to be positioned approximately 45 degrees from the candidate's front.

All classwork to represent the level of skills studied over the last 12 months, and filmed in a studio environment.

Year 7 / 8 (Age approximately 12 – 14)

Please include: slow rises in both parallel (sideways to the barre) and turn out (facing the barre in 1st position).

BARRE – sample exercise list

1. Plié
2. Battement Tendu and Glissé in same exercise
3. Ronde de Jambe à terre and Fondu
4. Adage to include développé en croix.
5. Grand Battement

CENTRE – Camera to be positioned as centrally as possible

1. Ports de bras
2. Centre Practice to include Battement tendu and Grand Battement
3. Adage to include développé to second with a fouette to 1st Arabesque.
4. Pirouettes en dehors.
5. Allegro – showing sautés, changements, échappés. Etc.

YEAR 9 – 12 (ages approximately 14 – 18)

As above with the added complexity in Centre work, indicative of the skills studied in the last 12 months. E.g.: pirouettes to include a variety of turns en dedans and en dehors, to both closed and open positions, or in open positions as appropriate to the student's skill levels.

Allegro enchainements to include increased complexity as studied by the candidate

Pointe work of no more than 5 minutes, to demonstrate skills appropriate to the levels studied by the candidate.

A short solo of no more than 90 seconds in each of the dance styles studied by the candidate to show expressivity and versatility of skills.

Unlisted YouTube Link Instructions

An unlisted video is a different type of private video. "Unlisted" means that only people who know the link to the video can view it.

An unlisted video will not appear in any of YouTube's public spaces (such as search results, your channel, or the browse page).

You can choose to make any of your upload's an unlisted video in your YouTube Account settings. Here's how:

1. Sign into your YouTube Account
2. Go to your My Videos page
3. Select the video which you'd like to make an unlisted video
4. Click the Edit button to access the video's settings
5. Go to the Privacy section of the page. There you'll see the option to mark you video as "unlisted", "public", or "private". Select unlisted.
6. Don't forget to click the Save Changes button. Once you've done this your video will be an unlisted video.
7. Email link to auditions@vcass.vic.edu.au ensuring you include your name and applicant number in the body of the email.

Video audition via USB please forward to:

Attention: Auditions

Victorian College of the Arts Secondary School

57 Miles Street

Southbank 3006

Victoria

Australia